

HOOPS HEART SCREENING

WHO: CODY STEPHENS GO BIG OR GO HOME, SIMON'S FUND, AND WHO WE PLAY FOR. MEDICAL CARE PROVIDED BY TEXAS CHILDREN'S HOSPITAL.

WHAT: FREE YOUTH HEART SCREENING FOR STUDENTS AGES 14 - 19

WHEN: FINAL FOUR SUNDAY - APRIL 3, 2016 FROM 10:00 AM - 3:00 PM

WHERE: M.O. CAMPBELL CENTER, 1865 ALDINE BENDER ROAD IN HOUSTON

WHY: SUDDEN CARDIAC ARREST IS THE #1 CAUSE OF DEATH OF STUDENT ATHLETES. IT TAKES THE LIVES OF THOUSANDS OF STUDENTS EVERY YEAR. IN FACT, A DIVISION I MALE BASKETBALL PLAYER HAS A 1:3,100 CHANCE OF EXPERIENCING CARDIAC ARREST.

→ RESERVE YOUR SPOT AT SIMONSFUND.ORG ←



♥ AN ECG IS QUICK, EASY, PAINLESS, INEXPENSIVE AND EFFECTIVE! ♥

WHAT HAPPENS AT A HEART SCREENING?

✔ WHAT IS SUDDEN CARDIAC ARREST?

It happens when the heart stops beating, suddenly and unexpectedly. The only way to prevent it is to get tested and watch for warning signs.

✔ WHAT ARE THE WARNING SIGNS?

Sometimes warning signs happen and sometimes they don't. Watch out for: fainting or seizures during exercise, unexplained shortness of breath, rapid heart rate, extreme dizziness or fatigue and unexplained sudden death in family (SIDS, drownings and auto accidents)

1. You fill out a medical history form (it's short).
2. We'll check your blood pressure, height and weight and you'll get an ECG exam (stickies on your chest).
3. You might get an echocardiogram, that takes a picture of your heart.
4. The cardiologists read all of this to make sure you're okay.

WHAT IS SCREEN ACROSS AMERICA

Screen Across America is a consortium of organizations that provide youth heart screenings across the country. We believe that checking the hearts of students should be a standard of care. For more information, or to find a screening organization near you, visit www.screenacrossamerica.org

